

## Family Sessions

Read "[What do Sessions look like?](#)" for a general discussion of sessionwork.

The premise of our family work comes from the understanding of the interconnectedness of all members of the family. We also know that the soul of each family member has chosen membership within that family, including adoptions and blendings. We believe that the children often express the needs for healing in the whole family system. When we work to meet the well-being needs of all ages in a family system - children, parents, and grandparents, if possible - we create a plan that is unique for each family. The family consciousness as a whole presents a gestalt that we psychically and emotionally access and often carries physical characteristics.

Before engaging in energy soul healing work, we spend time creating a rapport of understanding where all family members are enrolled at their personal developmental level to claim what they truly want.

We coach, teach, and practice with families how to interact in Unity, how to manage deep emotional triggering among family members, and how to support each family member to get his/her needs met within the system. When appropriate and possible, we gather the whole family together to move energy in the manner required. Families also receive many new game and activities communication skills that allow for an environment of caring, kindness, and healing in the home.

If a child is having difficulties in any area - school, behavior, health, social - we address the issue through healing sessions and practical skills of parenting. We assist the parents to develop parenting strategies that invite communication and honesty. We support the parents to move energy in themselves, allowing any belief structures or denied emotions that the child may be carrying for them to surface. We also access a variety of energy healing forms for all ages of children.

Parents or individual family members often come to us privately to receive support for personal concerns. The combination of private and family sessions help dissolve the old structures quickly allowing for personal freedom and new roles to emerge.

Healing techniques vary as the needs demand. For example, miscarriages, lost children, or deceased family members sometimes require working with unfinished business through dialog and karmic completion. This has produced a radical effect to support freedom for everyone involved.

Supporting families with breakthrough is one of our greatest joys.